# SAMPLING AND CONFIDENCE INTERVALS

## A STATISTICAL MODELING

In most real-world statistical problems, we are interested in understanding the properties of a large population. However, it is often impossible or impractical to collect data from every single member of that population. As a result, we typically do not know the true population parameters, such as the population mean  $(\mu)$  or the population standard deviation  $(\sigma)$ . Instead, we collect data from a smaller subset of the population, called a **sample**. We calculate statistics from this sample (like the sample mean  $\bar{x}$ ) and use them to estimate the unknown population parameters. This process is known as **statistical inference**. In this section, we will define the key concepts used in sampling and estimation.

## Definition Sample

A sample of size n consists of n independent random variables  $X_1, X_2, \ldots, X_n$  that follow the same probability distribution as the population.

#### Definition Observed Value

An observed value, denoted by a lowercase x, is a specific realization of a random variable X. It is the actual number obtained after performing an experiment or collecting data.

## Definition Sample Mean Estimator

The sample mean is a statistic used to estimate the population mean.

Let  $X_1, X_2, \ldots, X_n$  be a random sample. The sample mean is a random variable denoted by  $\overline{X}_n$ :

$$\overline{X}_n = \frac{\sum_{i=1}^n X_i}{n} = \frac{X_1 + X_2 + \dots + X_n}{n}$$

For a specific set of observed values  $x_1, x_2, \ldots, x_n$ , the calculated sample mean is denoted by  $\bar{x}$ :

$$\bar{x} = \frac{\sum_{i=1}^{n} x_i}{n}$$

#### Proposition Unbiased Estimator of the Mean

The sample mean is an **unbiased estimator** of the population mean  $\mu$ . This means that the expected value of the sample mean is equal to the true population mean:

$$E[\overline{X}_n] = \mu$$

#### Definition Sample Standard Deviation

The sample standard deviation, denoted by  $s_n$  (or simply s), is an estimator of the population standard deviation  $\sigma$ . For observed values  $x_1, x_2, \ldots, x_n$ :

$$s_n = \sqrt{\frac{\sum_{i=1}^n (x_i - \bar{x})^2}{n-1}}$$

Note the division by n-1 (Bessel's correction), which ensures that the associated sample variance  $s_n^2$  is an unbiased estimator of the population variance.

## Proposition Unbiased Estimator of the Variance

The sample variance  $S_n^2 = \frac{\sum (X_i - \overline{X}_n)^2}{n-1}$  is an unbiased estimator of the population variance  $\sigma^2$ :

$$E[S_n^2] = \sigma^2$$

Ex: Survey: Do you like Mathematics? For an education survey, 10 students rate how much they like mathematics on a scale of 0 to 10.Let  $X_1, X_2, ..., X_{10}$  be the random variables representing the rating of each student. The observed values are:  $x = \{2, 4, 0, 9, 10, 3, 7, 2, 8, 9\}$ .

• Sample Mean:

$$\bar{x} = \frac{2+4+0+9+10+3+7+2+8+9}{10} = \frac{54}{10} = 5.4$$

• Sample Standard Deviation: Using a calculator (List statistics):

$$s_n \approx 3.50$$

#### B CONFIDENCE INTERVALS FOR MEANS WITH KNOWN VARIANCE

A point estimate, like the sample mean  $\bar{x}$ , provides a single value as an estimate of the population parameter. However, it does not tell us how precise this estimate is. Due to sampling variability,  $\bar{x}$  is rarely exactly equal to the true mean  $\mu$ . To address this, we use a **confidence interval**. A confidence interval provides a range of values within which we expect the true population parameter to lie, with a certain level of confidence (probability). In this section, we assume that the population variance  $\sigma^2$  is known, which allows us to use the standard normal distribution (Z).

## Proposition Probability Interval

Assume we take a sample of size n from a population with mean  $\mu$  and standard deviation  $\sigma$ , and that n is sufficiently large (typically  $n \ge 30$  so that the Central Limit Theorem applies). Then

$$P\left(\overline{X}_n - 1.96 \frac{\sigma}{\sqrt{n}} \leqslant \mu \leqslant \overline{X}_n + 1.96 \frac{\sigma}{\sqrt{n}}\right) = 0.95.$$

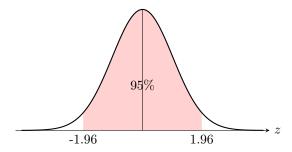
#### Proof

Since n is large, the Central Limit Theorem applies. The sampling distribution of the mean  $\overline{X}_n$  is approximately normal with mean  $\mu$  and standard deviation  $\frac{\sigma}{\sqrt{n}}$ .

The standardized variable Z follows a standard normal distribution:

$$Z = \frac{\overline{X}_n - \mu}{\sigma/\sqrt{n}} \sim N(0, 1).$$

For a 95% confidence level, we seek the critical value z such that  $P(-z \le Z \le z) = 0.95$ .



Using a calculator (Inverse Normal), we find  $z \approx 1.96$ .

$$\begin{split} P\left(-1.96 \leqslant \frac{\overline{X}_n - \mu}{\sigma/\sqrt{n}} \leqslant 1.96\right) &= 0.95 \\ P\left(-1.96 \frac{\sigma}{\sqrt{n}} \leqslant \overline{X}_n - \mu \leqslant 1.96 \frac{\sigma}{\sqrt{n}}\right) &= 0.95 \\ P\left(\overline{X}_n - 1.96 \frac{\sigma}{\sqrt{n}} \leqslant \mu \leqslant \overline{X}_n + 1.96 \frac{\sigma}{\sqrt{n}}\right) &= 0.95. \end{split}$$

This is the stated probability interval.

The proposition above gives us a probability statement about the random sample mean  $\overline{X}_n$  and the random interval built from it. The parameter  $\mu$  is fixed (but unknown); what is random is the interval itself.

To calculate a specific confidence interval in practice, we estimate this probability interval by replacing the random variable  $\overline{X}_n$  with the observed sample mean  $\bar{x}$ . Thus, the confidence interval we compute is an **estimate** of the theoretical interval.

# Method Calculating the Confidence Interval (Mean)

- 1. Identify the statistics: Find the sample mean  $\bar{x}$ , the known population standard deviation  $\sigma$ , and the sample size n.
- 2. Find the z-score: Determine z based on the confidence level (1.645 for 90%, 1.96 for 95%, 2.576 for 99%).
- 3. Calculate the margin of error:  $E = z \frac{\sigma}{\sqrt{n}}$ .
- 4. Write the interval:  $[\bar{x} E, \bar{x} + E]$ .

**Ex:** A sample of 60 rabbits was taken from a forest. The sample mean weight of the rabbits was 950 grams. Assume the population standard deviation is known to be  $\sigma = 200$  grams. Find the 95% confidence interval for the population mean weight.



- 1. **Statistics:** n = 60,  $\bar{x} = 950$ , and  $\sigma = 200$ .
- 2. **z-score:** For 95%, z = 1.96.
- 3. Margin of error:

$$E = 1.96 \times \frac{200}{\sqrt{60}} \approx 1.96 \times 25.82 \approx 50.6.$$

4. Interval:

$$[950 - 50.6, 950 + 50.6] = [899.4, 1000.6].$$

We are 95% confident that the true mean weight is between 899.4g and 1000.6g.

## C CONFIDENCE INTERVALS FOR MEANS WITH UNKNOWN VARIANCE

In most practical situations, the population standard deviation  $\sigma$  is unknown. We cannot use the normal distribution (Z) with a known  $\sigma$ , because we must estimate  $\sigma$  using the sample standard deviation  $s_n$ .

In theory, when the population is normal and  $\sigma$  is unknown, the exact sampling distribution of

$$\frac{\overline{X}_n - \mu}{S_n / \sqrt{n}}$$

is a **Student's t-distribution** with n-1 degrees of freedom. For large samples (say  $n \ge 30$ ), the t-distribution is very close to the standard normal distribution. In this course, for large n, we will approximate by using the same z-values as before and replacing  $\sigma$  with  $s_n$ .

Method Calculating the Confidence Interval (Unknown  $\sigma$ , Large n)

- 1. Identify the statistics: Find the sample mean  $\bar{x}$ , the sample standard deviation  $s_n$  (as an estimate for  $\sigma$ ), and the sample size n.
- 2. Find the z-score: Determine z based on the confidence level (1.645 for 90%, 1.96 for 95%, 2.576 for 99%), provided n is large.
- 3. Calculate the margin of error:  $E = z \frac{s_n}{\sqrt{n}}$ .
- 4. Write the interval:  $[\bar{x} E, \bar{x} + E]$ .

**Ex:** An economist studying fuel costs wants to estimate the mean price of gasoline in her state. She takes a random sample of 40 gas stations and finds a sample mean price of  $\bar{x} = \$1.29$  with a sample standard deviation of  $s_n = \$0.10$ . Find the 95% confidence interval for the population mean.

Answer:

- 1. Statistics: n = 40,  $\bar{x} = 1.29$ , and  $s_n = 0.10$ . (Since  $n \ge 30$ , we approximate  $\sigma \approx s_n$ .)
- 2. **z-score:** For 95%, z = 1.96.
- 3. Margin of error:

$$E = 1.96 \times \frac{0.10}{\sqrt{40}} \approx 1.96 \times 0.0158 \approx 0.031.$$

4. Interval:

$$[1.29 - 0.031, 1.29 + 0.031] = [1.259, 1.321].$$

We are 95% confident that the true mean price is between \$1.259 and \$1.321.

#### D CONFIDENCE INTERVALS FOR PROPORTIONS

When dealing with categorical data (like voting for Candidate A vs Candidate B), we are interested in the **population proportion** p (the true percentage of votes). Since we cannot ask everyone, we estimate p using the **sample proportion**  $\hat{p}$ . Each individual response (success/failure) is a Bernoulli random variable with variance p(1-p) and standard deviation  $\sigma = \sqrt{p(1-p)}$ .

Since the sample proportion  $\hat{p}$  is the mean of n Bernoulli variables, its standard deviation is  $\frac{\sigma}{\sqrt{n}}$ .

Therefore, the standard error for a proportion is

$$\sqrt{\frac{p(1-p)}{n}}$$



which we estimate using the sample data as

$$\sqrt{\frac{\hat{p}(1-\hat{p})}{n}}.$$

This normal approximation works well when the sample size is large, typically when  $n\hat{p} \geq 5$  and  $n(1-\hat{p}) \geq 5$ .

Method Constructing the Interval.

- 1. Calculate the sample proportion:  $\hat{p} = \frac{\text{Successes}}{\text{Total Sample}}$ .
- 2. Find the z-score: Determine z based on the confidence level (1.645 for 90%, 1.96 for 95%, 2.576 for 99%).
- 3. Calculate the margin of error:  $E = z\sqrt{\frac{\hat{p}(1-\hat{p})}{n}}$ .
- 4. Write the interval:  $[\hat{p} E, \hat{p} + E]$ .

Ex: A polling institute surveys n = 1000 random voters before an election. 520 people say they will vote for Candidate A.

- 1. Calculate the sample proportion  $\hat{p}$ .
- 2. Construct a 95% confidence interval for the true proportion of voters supporting Candidate A.
- 3. Based on this interval, can Candidate A be certain of winning (obtaining more than 50% of votes)? Explain.

Answer:

1. 
$$\hat{p} = \frac{520}{1000} = 0.52.$$

2. Using the 95% confidence level (z = 1.96):

$$E = 1.96\sqrt{\frac{0.52(1 - 0.52)}{1000}}$$

$$= 1.96\sqrt{\frac{0.52 \times 0.48}{1000}}$$

$$= 1.96\sqrt{0.0002496}$$

$$= 1.96(0.0158)$$

$$\approx 0.031.$$

The confidence interval is:

$$[0.52 - 0.031, 0.52 + 0.031] = [0.489, 0.551]$$

(Or 48.9% to 55.1%).

3. No. Although the sample proportion is 52%, the interval includes values less than 0.5 (e.g., 0.489). Therefore, it is plausible that the true proportion is below 50%. The election is too close to call with certainty.

# E HYPOTHESIS TESTING USING CONFIDENCE INTERVALS

Confidence intervals can be used as a tool for hypothesis testing. If someone claims that the population mean is a specific value  $(\mu_H)$ , we can check if this value is "plausible" by seeing whether it falls within our calculated confidence interval. For a two-sided test at significance level  $\alpha$  (e.g. 5%), the  $(1-\alpha)$  confidence interval (e.g. 95%) gives the same decision as the corresponding hypothesis test  $H_0: \mu = \mu_H$  versus  $H_1: \mu \neq \mu_H$ .

Method Hypothesis Test with CI

To test a claim that the population mean is  $\mu_H$  at a significance level  $\alpha$  (e.g., 5%):

- 1. Construct the corresponding  $(1-\alpha)$  confidence interval (e.g., 95%) for  $\mu$  based on sample data.
- 2. Decision rule:
  - If  $\mu_H$  is **inside** the interval, we **do not reject** the claim (the claim is plausible).
  - If  $\mu_H$  is **outside** the interval, we **reject** the claim (the result is statistically significant at level  $\alpha$ ).

Ex: A machine is set to fill juice bottles with an average of 50cl. A quality control inspector takes a sample of 36 bottles and finds an average content of 48.5cl with a standard deviation of 5cl.

Test the claim that the machine average is still 50cl at the 5% significance level, using a 95% confidence interval for  $\mu$ .

Answer: Sample size n = 36,  $\bar{x} = 48.5$ ,  $s_n = 5$ . Since n is reasonably large, we use a normal approximation with z = 1.96. We construct the 95% confidence interval for the true mean  $\mu$ :

$$CI = 48.5 \pm 1.96 \frac{5}{\sqrt{36}}$$
$$= 48.5 \pm 1.96 \left(\frac{5}{6}\right)$$
$$= 48.5 \pm 1.633$$
$$= [46.87, 50.13].$$

Conclusion: The claimed value  $\mu_H = 50$  lies inside the confidence interval [46.87, 50.13]. Therefore, we do not reject the claim at the 5% level. There is not enough evidence to say the machine is malfunctioning based on this sample.

# F DETERMINING SAMPLE SIZE

Before conducting a study, researchers often need to know how many data points to collect to achieve a desired level of precision. By manipulating the formula for the margin of error, we can solve for the required sample size n (for example, when estimating a mean with known standard deviation  $\sigma$ ).

## Proposition Sample Size Formula

To estimate a population mean within a margin of error E with a specific confidence level (corresponding to z), when  $\sigma$  is known, the required sample size is:

$$n = \left(\frac{z\sigma}{E}\right)^2.$$

Note: Since n must be an integer, always **round up** to the next whole number.

### Proof

Starting from the margin of error definition:

$$E = z \frac{\sigma}{\sqrt{n}}$$

we rearrange:

$$\sqrt{n}E = z\sigma$$

$$\sqrt{n} = \frac{z\sigma}{E}$$

$$n = \left(\frac{z\sigma}{E}\right)^2.$$

**Ex:** A marketing firm wants to estimate the average spending of students during Spring Break. They want the estimate to be within \$120 of the true mean with 90% confidence. A pilot study suggests the standard deviation is  $\sigma = \$400$ . How many students should be sampled?

Answer: Given:

- Margin of error E = 120
- Standard deviation  $\sigma = 400$
- Confidence level 90%  $\implies z \approx 1.645$  (from calculator or tables)

Calculation:

$$n = \left(\frac{1.645 \times 400}{120}\right)^2 \approx 30.07.$$

Since we cannot survey 0.07 of a student, we round up.

**Result:** A sample of size n = 31 is required.